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ICSI - CENTRE FOR  
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TRAINING (CCGRT)



Dear Professional Colleagues,

**Sub: ICSI-CCGRT – AMRUT DHARA –EDITION-20**

We are pleased to inform you ICSI-CCGRT- **AMRUT DHARA**, in which we will provide the regular write up on topics related to Governance and Management from Ancient India and Indian Epic.

In this series ICSI-Centre for Corporate Governance, Research & Training (CCGRT) present a titled on “**Nectar of Governance- 20**” from **Dr. V Sevaka Das, Director, Bhaktivedanta College of Vedic Education, ISKON, Navi Mumbai** for your information.

Previous editions of **Amrut Dhara** “Nectar of Governance” are also available at following link:-<https://www.icsi.edu/ccgrr/Research/AmrutDhara.aspx>

Hope, you will find an enclosed write-up useful & informative. We welcome your feedback/Suggestions on this write-up on [ccgrr@icsi.edu](mailto:ccgrr@icsi.edu).

*With Best Wishes,*

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## Nectar of Governance

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### Part 20: Waging war on mind



Good governance needs good leadership to ensure peace and prosperity of the governed subjects. Being situated in the consciousness plane i.e. the “SQ experience” is necessary requirement for a leader. Crossing the barriers of mind is one of the pre-requisites for gaining the SQ experience. A leader therefore must be an expert in waging war against the mind and winning over it.

Though the general public pursues spiritual life to fulfill their myriad of desires, the real intent of spiritual life is waging war on the unbridled mind. Definition of yoga, which reads as subjugation of mind, clearly brings out this point. By designed hierarchy, mind occupies the second position, from bottom of four levels in human existence. In the increasing order of superiority, body occupies the lowest position, the mind occupies the next higher position; intelligence and soul take the next higher positions. For want of self-realization, soul’s presence is seldom perceived, though it is the ultimate owner and knower of the body. In the absence of active involvement of the soul, the power of attorney for human life gets transferred to intelligence, which by hierarchy, is next to the soul. However, the cunning mind tactfully usurps the power of attorney and makes both the body (senses) and the intelligence its subordinates in fulfilling all the desires. Entire Vedic literature, especially Bhagavad-Gita gives finger printing of this situation and prompts an intelligent person to wage war on the cunning mind.

The intent of waging war on the mind is to snatch the power of attorney from it and deliver the same to intelligence, which by hierarchy, occupies a higher position than the mind. Any person, who is on body platform, indulges more in sense gratification and will be lethargic in action. He is neither useful to himself nor to others; one who is on the mental platform dwells either in past memories or in future imaginations, but ignores the present duty. He becomes morose by remembering the bad experiences and insults of the past, and gets anxious by imagining the future situations; one who is on the intelligence platform, who subdued the onslaught of mind, will always be active and gets identified as high performer; however, one who has self-realization will be actively peaceful. Though a person on the intelligence platform is always active, his peaceful state is not at all assured. He may have full satisfaction of success in life, but the peace may elude him. But, the self-realized person, in true sense, not only delivers highest performance but will also be peacefully situated. He takes every situation, however tough

it may be, in his stride and emerges successful mysteriously. This is the perfection of life. Bhagavad-Gita is the guide book to achieve this wonderful state. The first step to reach this situation is to wage war on the mind and activate the intelligence, from where the journey of self-realization takes off.

Sir Edmund Hillary, who first hoisted the victory flag on top of the Mount Everest, is a normal human being with two hands and two legs. Neil Armstrong, who first stepped on the Moon, is also a normal human being with two ears and two eyes. Captain Mathew Webb, the first person to swim the English Channel without the use of any artificial aids, is undoubtedly a normal human being with one head and one heart. But, what made them adorable personages despite their common features like ordinary human beings? It is the prodigious feats that they demonstrated for the first time on earth that made all the difference. Though a feat is demonstrated through the body, actual direction comes from intelligence. People often get confused about desire and goal. Every human being possesses myriad of desires that arise from flickering mind. But, one who converts the desires into goals and achieve them will receive applause from one and all. High performers, though appear as ordinary people from outside, always dwell in the intellectual plane and take complete advantage of all resources available within and around them. Successful people's life stories give inspiration to all as they deal with self-discovering pathways and marvels of masterly performances. Moving out of the body plane and the mental plane is the basic step towards achieving the most aspired goals in our lives.

Though the process of self-realization is seen as an ascetic's path, the true perspective gives its immense influence on one's performance, outlook and reflections. All the great leaders of the world, who positively influenced the people, surely dwelled on the soul platform, which is far higher from the mental platform. The great spiritual teachers of Vedic wisdom disseminated the knowledge of soul and its superior position to body, mind and intelligence, thus proffering blessings for a glamorous and incredible successful life. So the journey of successful life begins for one who wages war on the mind with immediate effect under the guidance of a self-realized person, who is termed as *guru*. The strong foundation of effective governance is thus laid with leaders of the governance system having crossed the barriers of their mind and demonstrating their SQ experience while working with the governed subjects.

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