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ICSI - CENTRE FOR
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Dear Professional Colleagues,

Sub: ICSI-CCGRT – AMRUT DHARA –EDITION-26

We are pleased to inform you ICSI-CCGRT- **AMRUT DHARA**, in which we will provide the regular write up on topics related to Governance and Management from Ancient India and Indian Epic.

In this series ICSI-Centre for Corporate Governance, Research & Training (CCGRT) present a titled on “**Nectar of Governance- 26**” from **Dr. V Sevaka Das, Director, Bhaktivedanta College of Vedic Education, ISKON, Navi Mumbai** for your information.

Previous editions of **Amrut Dhara** “Nectar of Governance” are also available at following link:-<https://www.icsi.edu/ccgrr/Research/AmrutDhara.aspx>

Hope, you will find an enclosed write-up useful & informative. We welcome your feedback/Suggestions on this write-up on ccgrr@icsi.edu.

With Best Wishes,

CS Ashish Garg
Chairman
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Nectar of Governance

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Part 26: From ritual mood to revival mood

Unit of time	Equals
<i>truti</i>	The time duration required for the integration of three <i>trasareṇus</i> (hexatoms)
<i>vedha</i>	One hundred <i>trutis</i>
<i>lava</i>	Three <i>vedhas</i>
<i>nimeṣa</i>	Three <i>lavas</i>
<i>kṣhṇa</i>	Three <i>nimeṣas</i>
<i>kāṣṭhā</i>	Five <i>kṣhṇas</i>
<i>laghu</i>	Fifteen <i>kāṣṭhās</i>
<i>nāḍikā or daṇḍa</i>	Fifteen <i>laghus</i>
<i>muhūrta</i>	Two <i>daṇḍas</i> (six or seven <i>daṇḍas</i> make one fourth of a day or night)
<i>praharas or yāmas</i>	Four in a day and four in a night
<i>fortnight</i>	Fifteen days and nights
<i>month</i>	Two fortnights (white and black)
<i>season</i>	Two months
<i>solar movement</i>	Six months (time for one complete movement of Sun from south to north)
<i>year</i>	Two solar movements

Generally, the start of New Year marks a new hope, new initiatives, new aspirations, new relations and many more things. People assemble on 31st December night to give send off to the last year and invite the New Year with lots of cheer and sweets. For a few minutes, the entire atmosphere gets filled with

best wishes and happiness. Even children and old people take a great enjoyment in the New Year event. Some intelligent people become serious to work out some plans for revival of many actions that have gone into sleeping mode. They try to analyze or review the initiatives that were taken in the beginning of last year. To their surprise, they find that all those initiatives that were taken have gone into cold storage without any persuasion. This is nothing new in most of the cases. Why this happens? This needs a careful understanding of time factor, especially in the beginning of New Year, where people tend to set some new goals. It is very important to know why people choose the beginning of New Year to set new goals. It is because years are the ultimate measure of time. A wonderful calculation of time was given in Srimad Bhagavatam. In fact the calculation starts from atoms as under [Bhagavatam 3.11.5-12]:

*aṇur dvau paramāṇū syāt trasareṇus trayah smṛtaḥ
jālārka-raśmy-avagataḥ kham evānupatann agāt ||5||*

*trasareṇu-trikaṁ bhuṅkte yah kālah sa truṭiḥ smṛtaḥ
śata-bhāgas tu vedhaḥ syāt tais tribhis tu lavaḥ smṛtaḥ ||6||*

*nimeṣas tri-lavo jñeya āmnātas te trayah kṣaṇaḥ
kṣaṇān pañca viduḥ kāṣṭhām laghu tā daśa pañca ca ||7||*

*laghūni vai samāmnātā daśa pañca ca nāḍikā
te dve muhūrtaḥ praharaḥ ṣaḍ yāmaḥ sapta vā nṛṇām ||8||*

*dvādaśārdha-palonnām caturbhīś catur-aṅgulaiḥ
svarṇa-māṣaiḥ kṛta-cchidraṁ yāvat prastha-jala-plutam ||9||*

yāmāś catvāraś catvāro martyānām ahanī ubhe

pakṣaḥ pañca-daśāhāni śuklaḥ kṛṣṇaś ca mānada ||10||

*tayoḥ samuccayo māsaḥ pitṛñāṁ tad ahar-nīśam
dvau tāv ṛtuḥ ṣaḍ ayanāṁ dakṣiṇāṁ cottarāṁ divi ||11||*

*ayane cāhanī prāhur vatsaro dvādaśa smṛtaḥ
sarṁvatsara-śataṁ nṛñāṁ paramāyur nirūpitam ||12||*

“Two atoms make one double atom, and three double atoms make one hexatom. This hexatoms are visible in the Sunshine, which enters through the holes of a window screen. One can clearly see that hexatoms (*trasareṇu*) goes up towards sky. The time duration required for the integration of three *trasareṇus* is called a *truti*, and one hundred *trutis* makes one *vedha*. Three *vedhas* make one *lava*. The duration of three *lavas* is equal to one *nimeṣa*, the combination of three *nimeṣas* makes one *kṣhṇa*, five *kṣhṇas* combined together make one *kāṣṭhā*, and fifteen *kāṣṭhās* make one *laghu*. Fifteen *laghus* make one *nādikā*, which is also called a *daṇḍa*. Two *daṇḍas* make one *muhūrta*, and six or seven *daṇḍas* make one fourth of a day or night, according to human calculations. The measuring pot for one *nādikā* or *daṇḍa* can be prepared with a six *pala* weight (fourteen ounce) pot of copper, in which a hole is bored with gold probe weighing four *māṣa* and measuring four fingers long. When the pot is placed on water, the time before the water overflows in the pot is called one *daṇḍa*. It is calculated that there are four *praharas*, which are also called *yāmas*, in the day and four in the night of the human being. Similarly, fifteen days and nights are a fortnight and there are two fortnights, white and black, in a month. The aggregate of two fortnights is one month, and that period is one complete day and night for the *Pita* planets. Two of such months comprise one season and six months comprise one complete movement of Sun from south to north. Two solar movements make one day and night for demigods, and that combination of day and night is one complete calendar year for the human being. The human being has duration of one hundred years.”

Srimad Bhagavatam further gives the most vital information on the duration of life as under [Bhagavatam 3.11.33]:

*evaṁ-vidhair aho-rātraiḥ kāla-gatyopalakṣitaiḥ
apakṣitam ivāsyāpi paramāyur vayaḥ-śatam ||33||*

“Thus the process of the exhaustion of the duration of life exists for every one of the living beings, including Lord Brahma. One’s life endures for only one hundred years, in terms of the times in the different planets.”

Any person’s life is defined in terms of years, not in seconds or weeks or days. Such is the importance of the period of one year. This makes one unknowingly more inclined to take cognizance of year’s completion or New Year beginning. Every human being takes cognizance of calendar year change, but welcomes the New Year with ritual of New Year

celebrations or “happy New Year” wishes. But, is this real cognizance? Certainly not. Real human being or a responsible human being, who is endowed with excellent Spiritual Quotient (SQ), takes the cognizance of calendar change and tries to revive many unfinished tasks, and also takes up new goals. He demonstrates the complete concern about the gradual diminishing of his life span on the change of calendar year and takes care. He certainly moves ahead in a systematic manner to achieve all his goals. For him, a calendar year change is only a pretext for ensuring proper checks and balances.

However, a common man often fails to take the advantage of calendar year change although he attempts to design some goals for the New Year. But, all his enthusiasm gets fizzled out within a few weeks and by the end of the year he remains with empty hands without any solid achievements. Why it is so? It is simply because of no activation of real intelligence. Because he generally does the activity of goal setting as a just ritual from Emotional Quotient (EQ), he ends up losing the steam half the way. However, one who is aware of the value of time, which is measured in terms of years, never sets the goals as ritual, but as firm commitment. He acts only from SQ platform, which involves cognizance, concern and care. SQ driven Intellectual Quotient never loses the track or steam on account of activated intelligence. Any activity which is triggered by emotions never gets sustained. It quickly loses its vigour and gets back to routine behaviour.

So, it is the duty of a leader to make the subordinates cognizant of change of calendar year. He should encourage all the people to strive for a year of big smile. In fact, a big smile is a resultant effect of consistent progress, consistent healthy life, consistent positive thoughts, consistent recognitions and rewards, consistent care for others, consistent initiatives, consistent learning, consistent moulding of life patterns, consistent loving exchanges, consistent friendships, etc. When all these aspects of life move in positive direction, the result is a year of big smile. However, such big smile cannot come accidentally; it is the result of consistent efforts with complete knowledge of passing time. Year ending or year beginning is the best time to ponder on this issue.

Acharya Chankaya explains the importance of time in one’s life by the following verse:

“Do not waste even a second of your life. A single moment which has been wasted cannot be purchased back for ten thousands of gold coins. He who wastes his life for no profit becomes the greatest loser.”

So, for a successful governance process, all the members move from ritual mode to revival mode to fully take advantage of human form of life and the New Year event. In one’s life, one can achieve both material goals and spiritual goals if one is situated in SQ platform. Anyone who dwells on Emotional Quotient gets lost finally in the ritual mode, which keeps coming time to time, especially on New Year beginning. Let’s celebrate the New Year 2018 with revival mode than ritual mode to conclude the next year with a big smile. Make a thorough assessment of the last year in terms of happiness from all angles. Poor results certainly make you to become firm on the commitment to make the coming year certainly a memorable year of big smile, surrounded with all smiley faces.
